

DTFC Club Championships events used and scoring system

The Dunfermline Track and Field Club Championship runs throughout the athletics year from the Indoor season which usually starts in October with the indoor season and cross country to the end of the outdoor season in September the following year.

Points are gained from performances in Championships and league matches and from personal and seasonal bests.

This system encourages the athletes to compete in League matches and National Championships to gain points which will be used to calculate all the winners at the Annual Awards night in November each year.

Events used for the Club Championships	
Indoor	SAIL (excl final) , NATIONAL INDOOR OPEN, NATIONAL COMBINED EVENTS CHAMPS, NATIONAL CHAMPIONSHIPS
Outdoor	YDL, FVL, CSSAL, SCOTTISH NATIONAL ATHLETICS LEAGUE (U17 – SEN) NATIONAL COMBINED EVENTS CHAMPS, NATIONAL CHAMPIONSHIPS, EAST DISTRICT CHAMPS, NATIONAL OUTDOOR OPEN
Cross Country	EAST DISTRICT LEAGUE MATCHES 1-3, EAST DISTRICT CHAMPS, INTER DISTRICT CHAMPS, NATIONAL CHAMPS, YOUNG ATHLETES' ROAD RACES

POINTS SCORING FOR THE CLUB CHAMPIONSHIPS

LEAGUE MATCHES			NATIONAL CHAMPS		PERFORMANCE	
	POINTS			PTS		PTS
1st	100		1st	150	Seasons best	15
2nd	90		2nd	140	Personal best	30
3rd	80		3rd	130		
4th	70		4th	120		
5th	60		5th	110		
6th	50		6th	100		
7th	40		7th	90		
8th	30		8th	80		
9th	20		9th	70		
10th	15		10th	60		
11th	10		11th	50		
12th	5		12th	45		
			13th	40		
			14th	35		
			15th	30		
			16th	25		
			17th	20		
			18th	15		
			19th	10		
			20th	5		

CROSS COUNTRY	
Race finish	Points
Top 10 %	100
Top 20%	90
Top 30 %	80
Top 40%	70
Top 50 %	60
Top 60%	50
Top 70 %	40
Top 80%	30
Top 90 %	20
Top 100%	10