

## COMPETING FOR DUNFERMLINE TRACK & FIELD CLUB

Location: Pitreavie Athletics Stadium, Dunfermline

Website: www.dunfermlinetfc.co.uk

Contact: presidentdtfc@gmail.com

## Information for athletes & parents regarding competitions

- The National Indoor and Outdoor Championships are self-entry which can be done through the <u>Scottish Athletics portal</u>. You will need to ensure you have a Scottish Athletics account and Scottish Athletics number (available from the club) for your athlete.
- The structure and further information on the five Leagues DTFC compete in can be found in the section to the right of this document on this webpage under 'competitions information'.
- A link to the calendar of the league and National Championship fixtures for 2024 can be found on the DTFC website Club information page.
- An invitation requesting the availability of athletes for a DTFC league match will be sent
  out by the Team Managers 4-6 weeks before the event on Team App. Please ensure you
  have this app downloaded on your phone and notifications enabled.
- Please reply to this request as soon as possible even if it is a negative response.
- Should your athlete have accepted the invitation, the Team Managers and Coaches will select the events that your athlete will compete in. Please also be aware that should there be high numbers accepting the invitation your athlete may not be selected.
- Please be aware that athletes are not always going to compete in their preferred event in League matches. Athletes may be asked to compete in some unfamiliar events to fill them for the benefit of the team.
- The confirmed Teams will be posted on Team App and the DTFC Facebook Group 7-10 days before the event.
- Please email the Team Mangers at <u>teamdtfc@gmail.com</u> should you have any questions about the team selection or are no longer able to compete. Team managers should not be contacted on their personal numbers.
- On competition day please arrive at the venue at least one hour before your first event.
- The DTFC Team Managers should be your first point of contact at the venue. They will send out instructions before the event indicating where in the venue they will be found.
- Warm up will be taken by either one of the coaches or senior athletes.